

LEADERSHIP

Leading People in Uncertain Times

MCE Management Centre Europe®

www.mce.eu

Leading People in Uncertain Times

Become a confident leader who keeps people engaged and performing under pressure



Ideal for

You are a leader who must deliver results while managing uncertainty, pressure, and change - and who wants to lead with calm, clarity, and confidence when teams need stability most.

- Managers
- Senior Managers

Learn, Practice and Use

- Interpreting uncertain situations, identifying their impact on engagement and performance, and act on early signals
- Apply self-regulation principles to maintain effective leadership presence and composure in stressful times
- Develop clear and credible communication techniques to give teams stability
- Apply coaching skills to restore and unlock confidence and performance under pressure
- Hold people accountable through clear and adaptable expectations without breaking trust or triggering disengagement

Highlights

- Emotional composure when the pressure spikes
- Trust-building behaviours that calm teams
- Clear, structured communication
- Coaching skills that unlock performance

Key Competences

- Communicating clearly
- Coaching under pressure
- Leading with empathy
- Managing stress and compusure
- Maintaining trust and engagement

Practical Information

FACE-TO-FACE

3 days

€3,995

LIVE ONLINE

6 × 3-hour sessions

€3,995

SCAN HERE

FULL OUTLINE, DATES & LOCATIONS →

AVAILABLE IN-COMPANY

This programme is available as an in-company solution for your teams. mce.eu/inco

Programme Modules

1 Understanding the Human Impact of Uncertainty

- Explain how uncertainty sets off the brain's threat response and how this affects people's behaviour, motivation and performance.
- Differentiate between productive pressure and harmful overload by examining your own team for early signals of stress, fatigue and disengagement.
- Plan targeted re-engagement actions that match the signals you observe before issues turn into conflict or people leaving.

2 Staying Composed When Everyone Looks to You

- Identify your personal emotional triggers and early warning signs.
- Use self-regulation and energy-management techniques to stay calm and credible under pressure.
- Design a personal resilience plan that keeps you composed over time.

3 Leading With Clarity When People Feel Lost

- Explain why purpose, transparency and leadership presence give people stability when the future is unclear.
- Turn an uncertain strategic topic into an effective message.
- Build a communication plan for your key stakeholders.

4 Coaching When Time Is Short and Pressure Is High

- Distinguish coaching from mentoring and directing, and structured coaching from compassionate coaching.
- Run a focused short coaching conversation.
- Adjust your approach for difficult or overwhelmed team members.

5 Building Accountability Without Breaking Trust

- Diagnose the behaviours that signal dysfunction in your team and decide how to address them.
- Set clear expectations for a team member.
- Hold an accountability conversation using the feedforward.

6 Bringing It All Together

- Summarise your key learnings from the programme.
- Formulate a Commitment Contract with specific short- and long-term actions and the results you expect.

MCE is your reliable partner for continuous success with agile people development solutions.

10,000,000

participants on AMA & MCE programmes in the last 10 years

92%

of Fortune 1,000 companies are our business partners

96%

of participants report they are using what they have learnt at AMA & MCE

1,000+

expert facilitators globally

100+

Open Training Programmes running throughout EMEA

100+

year's experience working with our clients around the globe

AVAILABLE IN-COMPANY

Train your whole team together

This programme is also available as an in-company solution, adapted to your organisation and run for your teams.

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FOR MORE INFORMATION, PLEASE CONTACT

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